Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Breakfast: Cereals, Egg Frittata, Sausage, Pastry, Fruit Lunch: Beef Fajita, Refried Beans, Tortilla Shells Dinner: French Onion Soup, Pulled Pork Sliders, Sweet Potato Tots	2 Breakfast: Cereals, Egg Casserole, Muffins, Fruit Lunch: Crumb Baked Porkchop, Mashed Potatoes, Gravy & Vegies Dinner: Meatball Sub, Vegies, Chips	3 Breakfast: Cereals, Cheese Eggs w/ Ham, Pancakes, Berries Lunch: Chicken Picada w/ Lemon, Casper Sause, Mashed Potatoes, Broccoli Dinner: Brown sugar Meatloaf, Smokey Mac & Cheese	4 Breakfast: Cereals, Cheese Omelet, Bacon, Fruit Lunch: Sweet & Sour Pork Bites, Stir Fry, Rice, Eggrolls Dinner: BBQ Rib Sandwich, Steak Potatoes, Cole Slaw	5 Breakfast: Cereals, Quish, Toast, Fruit Parfait Lunch: Beef Stroganoff, Egg Noodles, Mixed Vegies Dinner: Mini Beef Sliders, Waffle Fries
6 Breakfast: Cereals, Frittata, Sausage, Toast, Fruit Lunch: Spaghetti with Meat Sauce, Italian Veggies Dinner: Deli Sandwich, Pasta Salad, Chips	7 Breakfast: Cereals, French Toast, Scrambled Eggs, Bacon, Fruit Lunch: Pulled Pork w/ Polenta, Garlic Spinach Dinner: Chicken Quesadilla, Salsa	8 Breakfast: Cereals, Biscuit & Gravy, Pastry, Sausage, Fruit Lunch: Chicken Skillet w/ Lime Rice, Veggies Dinner: Sloppy Joes, Fries	9 Breakfast: Cereals, Egg Casserole, Muffins, Fruit Lunch: Roast Beef, Mashed Potatoes, Gravy, Carrots Dinner: Turkey Casserole, Broccoli,	10 Breakfast: Cereals, Cheese Eggs w/ Ham, Pancakes, Berries Lunch: Chicken ala King on Biscuits, Veggies, Green Beans Dinner: Italian Goulash, Veggies, Garlic Bread	11 Breakfast: Cereals, Cheese Omelet, Bacon, Fruit Lunch: Honey Garlic Pork Loin, Sweet Baked Potatoes, Green Beans Dinner: Loaded Baked Potato, Chili	12 Breakfast: Cereals, Quish, Toast, Fruit Parfait Lunch: Creamy Sausage Alfredo, Sweet Peas Dinner: 3 Meat Pizza, Cottage Cheese & Peaches
13 Breakfast: Cereals, Frittata, Sausage, Toast, Fruit Lunch: Fried Chicken, Mac & Cheese, Cole Slaw Dinner: Breakfast Griddle, Hashbrowns, Orange	14 Breakfast: Cereals, French Toast, Scrambled Eggs, Bacon, Fruit Lunch: Baked Spaghetti Pie, Broccoli & Cauliflower Dinner: BLT, Cottage Cheese & Peaches	15 Breakfast: Cereals, Biscuit & Gravy, Pastry, Sausage, Fruit Lunch: Chicken & Cheese Crispate, Spanish Rice, Salsa Dinner: Patty Melt, Sweet Potato Fries	16 Breakfast: Cereals, Egg Casserole, Muffins, Fruit Lunch: Baked Chicken Breast w/ Cream Sauce, Rice, Spinach Dinner: Pulled Pork Cornbread Casserole, White Beans, Mixed Fruit	17 Breakfast: Cereals, Cheese Eggs w/ Ham, Pancakes, Berries Lunch: Turkey w/ Gravy, Mashed Potatoes, Brussel Sprouts Dinner: Honey Glazed Ham, Herb Stuffing, Green Beans	18 Breakfast: Cereals, Cheese Omelet, Bacon, Fruit Lunch: Roast Beef w/ Red Wine Demi Glazed, Potatoes, Veggies Dinner: Mexican Tamales, Salsa	19 Breakfast: Cereals, Quish, Toast, Fruit Parfait Lunch: Monte Cristo Sandwich, Chips, Broccoli Dinner: Mac & Cheese Casserole w/ Ham, Broccoli
20 Breakfast: Cereals, Frittata, Sausage, Toast, Fruit Lunch: Spiced Ham, Swiss Scalloped Potatoes, Lemon Asparagus Dinner: Turkey Hamburger, Fries	21 Breakfast: Cereals, Pastry, Scrambled Eggs, Bacon, Fruit Lunch: Chicken Pot Pie, Biscuits, Mixed Veggies Dinner: Baked Penne & Sausage, Green Beans, Garlic Toast	22 Breakfast: Cereals, Egg White Frittata, Ham, Blueberry Scones, Fruit Lunch: Beef Tacos. Refried Beans, Rice Dinner: Ham & Swiss Sandwich on Croissant, Chips	23 Breakfast: Cereals, Egg Casserole, Hashbrowns, Muffins, Fruit Lunch: Pork Stew, Roasted Broccoli Dinner: Chili, Cornbread, Crackers	24 Breakfast: Cereals, Cheese Eggs w/ Ham, Pancakes, Fruit Lunch: Cashew Chicken, Rice, Veggies, Egg Rolls Dinner: Shepard's Pie	25 Breakfast: Cereals, Cheese Omelet, Bacon, Berries Lunch: Mushroom Steak, Mashed Potatoes, Beef Gravy, Corn Dinner: Mediterranean Chicken, Pasta Salad	26 Breakfast: Cereals, Quish, Toast, Fruit Parfait Lunch: Spaghetti & Meatballs, Italian Veggies Dinner: Hotdog, Potato Salad, Baked Beans
27 Breakfast: Cereals, Frittata, Sausage, Toast, Fruit Lunch: Orange Maple Turkey, Cranberry Almond Stuffing, Broccoli Dinner: BLT, Mac & Cheese	28 Breakfast: Cereals, French Toast, Scrambled Eggs, Bacon, Fruit Lunch: Beef Ravioli, Veggies Dinner: Chicken Tenders, Sweet Carrots, Chips	29 Breakfast: Cereals, Egg Frittata, Sausage, Pastry, Fruit Lunch: Apple Baked Porkchops, Baked Sweet Potato, Veggies Dinner: Turkey Hamburger, Tots, 3 Bean Salad	30 Breakfast: Cereals, Egg Casserole, Muffins, Fruit Lunch: Creamed Beef, Mashed Potatoes, Veggies Dinner: BBQ Riblet Sandwich, Cole Slaw, Fries	31 Breakfast: Cereals, Cheese Eggs w/ Ham, Pancakes, Berries Lunch: Sour Cream Dill Chicken, Veggies, Roasted Ranch Potatoes Dinner: Smokey Split Pea Soup, Crackers, ½ Egg Sandwich		