

## Elvis was in the building!



## November Birthdays

In astrology, those born from November 1–21 are Scorpio's intense scorpions. Scorpions seek deep connections and nurture deep empathy and commitment. Those born from November 22–30 are Archers of Sagittarius. The Archers have a unique blend of passion, curiosity, and adaptability.

Judi VanDuyn	November 1
Richard Schultek	November 4
Calvin Jones	November 9
Glenda Davis	November 9
Mary DeBlase	November 10
Mary Oreilly	November 11
William Gossett	November 11
Alta Williams	November 12
Ann Boedecker	November 15
Antionette Benedict	November 15
Joseph Risalvato	November 24
Susan Van Syckel	November 29

## Do you like Apple Cider?

On Friday November 3<sup>rd</sup> we will be making some fresh Apple Cider. Please join us in the Game Room at 2:30 to join in on the fun!! Below are a few fun facts about Apple Cider.

- It takes approximately 36 apples to make one gallon of cider.
- Drinking apple cider has a few key health benefits. Cider can help lower your risk of cardiovascular disease and help with hydration.

November 2023

# Our Lady of Mercy

Care with Dignity | 2115 Maturana Dr, Liberty MO 64068 | 816-781--5711



## Activities to Remember in November

**Coffee and Coloring**  
*Wednesdays in November*

**Catholicism with Father Kieth**  
*November 2, 16*

**Apple Cider**  
*November 3*

**Thank a Veteran Cards**  
*November 6*

**Wii Bowling**  
*November 7, 14, 21*

**Life on Our Planet Series**  
*November 9, 13, 20, 27*

**Fall Canvas Painting**  
*November 16*

**Stroud's Lunch**  
*November 17*

**Fall Risk Screening**  
*November 28*

**Fall Tea Party**  
*November 28*

**November Birthday Party**  
*November 30*



WE  OUR  
volunteers



“In each century since the beginning of the world wonderful things have been discovered. In the last century more amazing things were found out than in any other century before. In this new century hundreds of things still more astounding will be brought to light. At first people refuse to believe that a strange new thing can be done, then they see it can be done- then it is done and all the world wonders why it was not done centuries ago. One of these things people began to find out in the last century was that thoughts- just mere thoughts- are as powerful as electric batteries- as good for one as sunlight is, or as bad for one as poison. To let a sad thought or a bad one get into your mind is as dangerous as letting a scarlet fever germ get into your body. If you let it stay there after it has got in you may never get over it as long as you live.”

The Secret Garden  
Frances Hodgson Burnett  
1911”

Author of the Month: Sharon Sala

Sharon Sala is a Native Oklahoman and still lives within a two-hour drive of where she was born. First published in 1991, she is a New York Times/USA Today, bestselling author with 132 plus books published in seven different genres, including Romantic Suspense, Mystery, Young Adult, Western, Fiction, Women's Fiction and Non-Fiction.

Come check out our Library! We have tons of great books to choose from! Our Library is located on the first floor, down from the dining room.

Fill Up on Turkey Trivia

- A turkey typically has about 70 percent white meat and 30 percent dark meat.
  - Americans eat about 690 million pounds of turkey on Thanksgiving.
  - Astronauts eat turkey dinner on Thanksgiving, too.
- The process of deep-frying turkeys for Thanksgiving originated in Louisiana.

What’s Lucky in November?

Lucky Color: Saffron  
Lucky Animal: Antelope  
Lucky Letters: G and T  
Lucky Day: Thursday  
Lucky Plant: Sweet alyssum



On November 17th we will be going to lunch at Stroud’s! Stroud’s has a lunch menu with options that are all under \$15. If you are interested and would like to sign up, please contact the front desk or Casey.

Who? What? Where?

The first person to call Activities with all three correct answers will win a prize!

Who am I?

I am a fictional character.  
I have a strict curfew at midnight.  
My stepsisters are Anastasia and Drizella.  
My boyfriend is 100% charming.  
He is also a prince.  
Disney first brought me to the movies.  
My fairy Godmother turns pumpkins into coaches.  
Who am I?

What am I?

Most people don’t want me as a roommate.  
People in uniform try to control me.  
I hate living in tents.  
Trees are delicious.  
Frogs and aardvarks think I am delicious.  
I am helpful decomposing things.  
I like to eat the wood in houses.  
What am I?

Where am I?

I am a famous Midwestern US city.  
I border the Mississippi River.  
Of all the birds, I love Cardinals the most.  
Eugene Field called me home.  
The Dred Scott case was announced in me.  
My giant arch has nothing to do with McDonalds.

LET’S GO  
CHIEFS!

	Dolphins	Nov 5 8:30 AM
	Chiefs	
	Eagles	Nov 20 7:15 PM
	Chiefs	
	Chiefs	Nov 26 3:25 PM
	Raiders	

Scenic Drives

On November 10th and November 24th, we will be taking scenic drives. We leave at 9:30am and are usually back around 11:00am. If you are interested and would like to join in on the fun, please sign up at the front desk!