

## Resident of the Month

### Deanna Gordon

Deanna was born on April 20<sup>th</sup> and was an only child. She was born in Kansas but moved to Missouri in the 3<sup>rd</sup> grade. Her family moved around a lot, but Missouri was always Deanna's favorite. Her fondest memory as a child was the Christmas that her and her mother gifted her father a train set. Her father had a lot of siblings so his parents couldn't afford a train set so he loved it. Deanna's son has the train set now and it will be handed down for generations. Deanna met her husband in high school and was married for 42 years. The two had three children. She spent some time in finance and cleaning but her favorite job was at William Jewel College in the Library. Deannas favorite season is Fall and her favorite foods are ice cream and pizza. Chocolate and Pepperoni to be exact.



**Deanna**



**Beth**

### January Birthdays

In astrology, if you were born between January 1–19, you are a Goat of Capricorn. Goats are the most stable and sure-footed of astrological signs. Reliable, economical, practical, and organized, they make good multitaskers and politicians. Those born between January 20–31 are Aquarian Water Bearers. Aquarians have attractive personalities, vivid imaginations, strong intuition, and a thirst for knowledge. They also share a strong desire to help humanity and create unity.

Dotti Maberry	January 11
Beth Burns	January 13
Gloria Costanzo	January 15
Jean Backer	January 21
Bill Grant	January 23
Robert Bilbo	January 24
Jim Self	January 29

**Beth Burns**

Beth was born on January 13<sup>th</sup> and grew up about an hour away from Chicago. Her favorite thing to do as a child was playing with her brother. They would take the end out of boxes and roll down the driveway. Later in life Beth married and had two kids. Beth moved her family to Kansas City in 1970 in search of a job opportunity and ended up being an RN for 51 years. Beth's favorite food is chocolate ice cream and her favorite season is spring. We asked beth if she had any advice for younger generations and she said, "Learn about Jesus. He deserves to be in our lives and he makes it better."

# Our Lady of Mercy

Care with Dignity | 2115 Maturana Drive Liberty Missouri 64068 | 816-781-5711

### Celebrating January

**Book Blitz Month**

**International Brain Teaser Month**

**New Year's Day**

*January 1*

**Someday We'll Laugh About This Week**

*January 2–8*

**Bobblehead Day**

*January 7*

**Make Your Dream Come True Day**

*January 13*

**Fresh Squeezed Juice Week**

*January 18–24*

**Disc Jockey Day**

*January 20*

**Belly Laugh Day**

*January 24*

**Curmudgeons Day**

*January 29*



*Happy New Year*



## Step Into the Roaring Twenties!

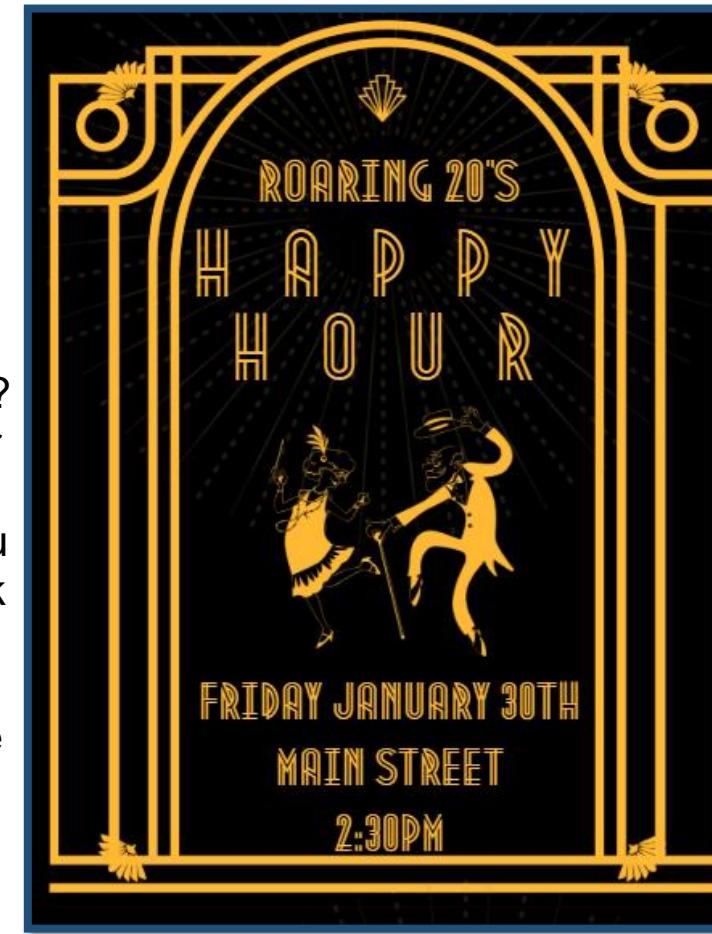
This month, our community is setting the clock back to the dazzling era of jazz bands, Art Deco sparkle, and spirited gatherings. Get ready for a calendar filled with flapper-inspired crafts, speakeasy happy hours, vintage games, and plenty of toe-tapping music.

Pack your imagination, slip on a feathered headband or sharp bow tie, and join us as we wander into a world of charm, chatter, and good old 1920s fun. Our time-travel ticket awaits



## Our Library

Have you checked out our Library yet? Our Library is located on the first floor next to the Dining Room and Main Street. It is open to all residents. If you come to check out a book, we just ask that you return it when you're done. This month's author of the month is John Stanford. Come check out some of his novels! We have tons of novels to choose from. Come check out our Library.



Start Your Year Strong: Set Health Goals That Matter

A new year is a great time to focus on what matters most—your health and well-being.

Setting a few simple, meaningful health goals can help you stay independent, active and out of the hospital in the year ahead.

### START WITH PREVENTIVE CARE

- Schedule your routine checkups, annual visits and recommended screenings.
- Aim to stay active with gentle daily movement, eat balanced meals, stay hydrated and make sleep a priority.
- Don't forget to wash your hands often especially during cold and flu season.
- Set personal goals, like joining a group activity, walking with friends, or drinking an extra glass of water.

Consult your healthcare provider before making changes to your exercise routines.

Curana Health is here to support you!  
Call: 877-279-5960.



## Entertainment in January

Tuesday January 6<sup>th</sup>- Bob Cohen will be performing in Main Street at 2:00pm

Tuesday January 27<sup>th</sup>- Martin Thompson will be performing in Main Street at 1:00pm

