

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>BREAKFAST: 1 CERALS, FRITADA, SAUSAGE PATTY, TOAST & FRUIT LUNCH: BBQ CHICKEN BREAD, STEAK CUT POTATOES, GREEN BEANS DINNER: BEEF & NOODLES, PEAS, DESSERT</p>	<p>BREAKFAST: 2 CERALS, EGG CROISSANT SANDWICH PASTRY, SAUSAGE & FRUIT LUNCH: CHICKEN FAJITA, SPANISH RICE DINNER: HEARTHY SOUP, DELI SANDWICH, CHIPS</p>	<p>BREAKFAST: 3 CERALS, EGG CASSEROLE, MUFFINS LUNCH: TURKEY MEATBALLS SPAGHETTI DINNER: CHICKEN TENDERS, COLE SLAW, FRUIT</p>	<p>BREAKFAST: 4 CERALS, CHEESE EGGS W/ HAM, PANCAKES, BERRIES LUNCH: FRIED CHICKEN, MASHED POTATOES, GREEN BEANS DINNER: PULLED PORK SANDWICH & POTATO SALAD</p>	<p>BREAKFAST: 5 CERALS, CHEESE OMELET, BACON, FRUIT LUNCH: FRIED FISH, VEGETABLES, ROASTED POTATOES DINNER: PHILLY CHEESESTEAK SANDWICH, FRIES</p>	<p>BREAKFAST: 6 CERALS, QUISH, TOAST, FRUIT PARFAIT LUNCH: CHEESE TORTELLINI W/ CHICKEN, VEGETABLES DINNER: CHEESEBURGER & TATER TOTS</p>
<p>BREAKFAST: 7 CERALS, FRITADA, SAUSAGE PATTY, TOAST, FRUIT LUNCH: POT ROAST W/ VEGETABLES, WHITE RICE DINNER: BONELESS CHICKENWINGS, OVENROAST CAULI FLOWER, FRIES</p>	<p>BREAKFAST: 8 CERALS, FRENCH TOAST, SCRAMBLED EGGS, BACON LUNCH: BBQ BRISKET, BAKED BEANS, SWEET CORN DINNER: GRILLED TURKEY & BACON, FRIED POTATO, COLE SLAW</p>	<p>BREAKFAST: 9 CERALS, EGG FRITADA, PASTRY, SAUSAGE, FRUIT LUNCH: BEEF FAJITA, REFRIED BEANS DINNER: FRENCH ONION SOUP, PULLED PORK SLIDERS, SWEET POTATO TOTS</p>	<p>BREAKFAST: 10 CERALS, EGG CASSEROLE, MUFFINS, FRUIT LUNCH: CRUMB BAKED PORK CHOP, MASHED POTATO, GRAVY, VEGETABLES DINNER: MEATBALL SUB, VEGETABLES, CHIPS</p>	<p>BREAKFAST: 11 CERALS, CHEESE EGGS W/ HAM, PANCAKES, BERRIES LUNCH: CHICKEN PICATA, MASHED POTATOES, BROCCOLI DINNER: BROWN SUGAR MEATLOAF SMOKEY MAC & CHEESE, GREEN BEANS</p>	<p>BREAKFAST: 12 CERALS, CHEESE OMELET, BACON, FRUIT LUNCH: SWEET & SOUR PORK BITES, STIR FRY VEGIES, FRIED RICE, EGG ROLLS DINNER: BBQ GRILLED RIB SANDWICH, STEAK POTATOES, COLE SLAW</p>	<p>BREAKFAST: 13 CERALS, QUISH, TOAST, FRUIT PARFAIT LUNCH: BEEF STROGANOFF, MIXED VEGIES DINNER: MINI BEEF SLIDERS, WAFFLE FRIES</p>
<p>BREAKFAST: 14 CERALS, FRITADA, SAUSAGE PATTY, TOAST, FRUIT LUNCH: SPAGHETTI W/ ITALIAN VEGIES DINNER: DELI SANDWICH, PASTA SALAD, CHIPS</p>	<p>BREAKFAST: 15 CERALS, FRENCH TOAST, SCRAMBLED EGGS, BACON, FRUIT LUNCH: SWEET PULLED PORK W/ POLENTA DINNER: CHICKEN QUESADILLA</p>	<p>BREAKFAST: 16 CERALS, BISCUIT & GRAVY, PASTRY, SAUSAGE, FRUIT LUNCH: CHICKEN SKILLET W/ LIME RICE, VEGIES DINNER: SLOPPY JOES & FRIES</p>	<p>BREAKFAST: 17 CERALS, EGG CASSEROLE, MUFFINS, FRUIT LUNCH: ROAST BEEF, MASHED POTATOES, GRAVY, SWEET CARROTS DINNER: TURKEY CASSEROLE W/ BROCCOLI</p>	<p>BREAKFAST: 18 CERALS, CHEESE EGGS W/ HAM, PANCAKES, BERRIES LUNCH: CHICKEN ALA KING, BUSCITS, GREEN BEANS DINNER: ITALIAN GOULASH, VEGIES, GARLIC BREAD</p>	<p>BREAKFAST: 19 CERALS, CHEESE OMELET, BACON, FRUIT LUNCH: HONEY GARLIC GLAZED PORK LOIN, SWEET POTATOES, GREEN BEANS DINNER: LOADED BAKED POTATO W/ HOMEMADE CHILI</p>	<p>BREAKFAST: 20 CERALS, QUISH, TOAST, FRUIT PARFAIT LUNCH: CREAMY SAUSAGE ALFREDO W/ SWEET PEAS DINNER: THREE MEAT PIZZA, COTTAGE CHEESE & PEACHES</p>
<p>BREAKFAST: 21 CERALS, FRITADA, SAUSAGE PATTY, TOAST, FRUIT LUNCH: FRIED CHICKEN, MAC & CHEESE, COLE SLAW DINNER: BREAKFAST GRIDDLE SANDWICH, HASHBROWNS</p>	<p>BREAKFAST: 22 CERALS, FRENCH TOAST, SCRAMBLED EGGS, BACON, FRUIT LUNCH: BAKED SPAGHETTI PIE, BROCCOLI & CAULIFLOWER DINNER: BLT, PEACHES & COTTAGE CHEESE</p>	<p>BREAKFAST: 23 CERALS, BISCUITS & GRAVY, PASTRY, SAUSAGE, FRUIT LUNCH: CHICKEN & CHEESE CRISPITOS, SPANISH RICE DINNER: PATTY MELT, SWEET POTATO FRIES</p>	<p>BREAKFAST: 24 CERALS, EGG CASSEROLE, MUFFINS, FRUIT LUNCH: BAKED CHICKEN BREAST, RICE PILAF, SPINACH DINNER: PULLED PORK CORNBREAD CASSEROLE, WHITE BEANS</p>	<p>BREAKFAST: 25 CERALS, CHEESE EGGS W/ HAM, PANCAKES, BERRIES LUNCH: ROASTED TURKEY, GRAVY & MASHED POTATOES, PIE DINNER: HONEY GLAZED HAM, HERB STUFFING, GREEN BEANS, PIE</p>	<p>BREAKFAST: 26 CERALS, CHEESE OMELET, BACON, FRUIT LUNCH: ROAST BEEF, GLAZED POTATOES, VEGIES DINNER: MEXICAN TAMALES</p>	<p>BREAKFAST: 27 CERALS, QUISH, TOAST, FRUIT PARFAIT LUNCH: MONTE CRISTO SANDWICH, BROCCOLI, CHIPS DINNER: MAC & CHEESE CASSEROLE W/ HAM, BROCCOLI</p>
<p>BREAKFAST: 28 CERALS, FRITADA, SAUSAGE PATTY, TOAST, FRUIT LUNCH: SPICED HAM, SCALLOPED POTATOES, ASPARAGUS DINNER: TURKEY HAMBURGERS, FRIES</p>	<p>BREAKFAST: 29 CERALS, PASTRY, SCRAMBLED EGGS, BACON, FRUIT LUNCH: CHICKEN POT PIE, BISCUITS, MIXED VEGIES DINNER: BAKED PENNE & SAUSAGE, GREEN BEANS, GARLIC TOAST</p>	<p>BREAKFAST: 30 CERALS, EGG WHITE FRITADA, HAM, SCONES, FRUIT LUNCH: BEEF TACOS, REFRIED BEANS, RICE DINNER: HAM & SWISS SANDWICH ON CROISSANT, CHIPS</p>	 <p style="text-align: center;"> <h1>November</h1> <h2>2021</h2> <h3>DINING MENU</h3> </p>			